



## **UltraMeal® Advanced Protein Medical Food**

Support for the nutritional management of sarcopenia

Product Name: UltraMeal® Advanced Protein Medical Food

**Product Flavor:** French Vanilla

Product Size: -

**Product Forms:** Powder

# **Supplement Facts**

Ingredient	Amount Per Serving	
Information per Serving:	'	
Serving Size	About 2 Scoops (42g)	
Servings per Container	14	
Calories	140	
Total Fat	5 g	
Saturated Fat	1 g	
<i>Trans</i> Fat	0 g	
Polyunsaturated Fat	1.5 g	
Monounsaturated Fat	3 g	
Cholesterol	0 mg	
Sodium	170 mg	
Total Carbohydrate	11 g	
Dietary Fiber	8 g	
Total Sugars	1 g	
Includes 0g Added Sugars		
Protein	17 g <sup>†</sup>	

# Typical Amino Acid Profile per

Serving*		
Amino Acid	mg/Serving	
L-Alanine	780 mg	
L-Arginine***	1,520 mg	
L-Aspartic Acid	1,910 mg	
L-Cystine (Cysteine)***	210 mg	
L-Glutamic Acid	2,890 mg	
Glycine***	710 mg	
L-Histidine**	430 mg	
L-Isoleucine (BCAA)**	1,300 mg	
L-Leucine (BCAA)**	2,420 mg	
L-Lysine** (as L-lysine HCl)	1,420 mg	
L-Methionine**	230 mg	
L-Phenylalanine**	940 mg	
L-Proline ***	770 mg	

#### Ingredients:

Pea protein isolate, rice protein concentrate, oat hull fiber, gum acacia, olive oil, magnesium citrate, L-leucine, cocoa powder, Lthreonine, L-isoleucine, L-valine, silica, L-lysine HCl, guar gum, natural flavors, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium D-pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), Luo Han Guo fruit (monk fruit) extract, and xanthan gum.

#### Directions:

Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (42 g) into 8-10 ounces of chilled water.

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

#### **Tamper Evident:**

Do not use if safety seal is missing or broken.

## Storage:

Keep tightly closed in a cool, dry place. Keep out of reach of children.

^No MSG

- \* Contributed by pea protein, added amino acids, rice protein, and cocoa powder
- \*\* Essential amino acid
- \*\*\* Conditionally essential amino acid

<sup>†</sup>20 g total protein including added amino acids: L-leucine, Lthreonine, L-isoleucine, L-valine, and L-lysine

- <sup>††</sup>As Metafolin<sup>®</sup>. Metafolin<sup>®</sup> is a registered trademark of Merck KGaA, Darmstadt Germany
- †††Daily value not established.

L-Phenylalanine**	940 mg	
L-Proline ***	770 mg	
L-Serine***	890 mg	
L-Threonine**	1,560 mg	
L-Tryptophan**	180 mg	
L-Tyrosine***	700 mg	
L-Valine (BCAA)**	1,350 mg	
Percentage of Reference Daily Intakes (RDI)		
Each Serving Contains:	Amount Per Serving	% RDI
Vitamin D <sub>3</sub> (as cholecalciferol)	10 mcg (400 IU)	50%
Calcium	70 mg	6%
Iron	4 mg	20%
Potassium	120 mg	2%
Vitamin A	370 mcg	40%
Vitamin C	30 mg	35%
Vitamin E	5 mg	35%
Thiamin	0.37 mg	30%
Riboflavin	0.42 mg	30%
Niacin	7.7 mg	50%
Vitamin B <sub>6</sub>	0.5 mg	30%
Folate (as calcium L-5- methyltetrahydrofolate) <sup>††</sup>	310 mcg DFE	80%
Vitamin B <sub>12</sub> (as methylcobalamin	1.5 mcg	60%
Biotin	75 mcg	250%
Pantothenic Acid	2.5 mg	50%
Phosphorus	220 mg	20%
lodine	37 mcg	25%
Magnesium	150 mg	35%
Zinc	11.2 mg	100%
Selenium	52 mcg	90%
Copper	1.5 mg	170%
Manganese	1.5 mg	70%
Chromium	120 mcg	340%
Chloride	200 mg	8%
Total Polyphenols (from cocoa beans)	100 mg	†††

 $\textbf{URL:} \ \text{https://www.metagenics.com/item/umapv/ultrameal-advanced-protein-medical-food/1.html}$ 

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.